

What is Holy Fire® Reiki?

### **A New Reiki Energy**

Holy Fire® Reiki is a new form of Reiki that was introduced about three years ago by the ICRT. It is both powerful and gentle and provides purification, healing, empowerment and guidance. It is included as part of our Usui Reiki classes and has also been added to Karuna Reiki® training.

Holy Fire® energy is noticeably more refined and comes from a higher level of consciousness. Some of the qualities students have experienced include:

- Works continuously even when not thinking about it and spontaneously heals issues as they come up.
- Always respects free will.
- Heals deeply and quickly without distress.
- Heals relationships and interactions with others.
- Releases worry and replaces it with a sense of safety in a most pronounced way.
- Spontaneously provides guidance that is palatable for every level of life experience.
- Tends to develop all the personality traits that are healthy for a person to have such as love of self and others, kindness, patience, confidence, vitality, enthusiasm, optimism, trust, joy, peace and so forth.
- One of the more wonderful effects is a feeling of being loved. This is a deep and refined feeling that is very nurturing.
- Once received, it continues to develop itself to be more evolved and effective.

These qualities are present in I&II and become more pronounced in the ART/Master and Karuna classes.

*Holy Fire® is the registered service mark of William Lee Rand.*